

New Year's Resolutions

Lord, I know
New Year's resolutions rarely last,
but I also know it's good to make them.
Sometimes one of them sticks;
Sometimes one of them really makes it.

So this year I resolve
to begin and end each day
with a prayer: Thank you, Lord,
for the gift of another day.

This year I resolve:
to taste what I eat, especially
breakfast;
to walk more than I sit;
to listen more than I talk;
to read more than I watch TV;
to let the small things slide
and the big things be confronted;
to sing more in church and in the shower;
to allow for more mystery
and more laughter in my life;
to be compassionate rather than
competitive,
allowing myself more second place
finishes,
to enjoy the look in the eye of the
person who comes in first - especially
my kids;
to walk more by faith than by fear;
to make opportunities happen
more than to wait for them to happen;
to eat salads and fruits